



# Iowa City West Trojan Youth Wrestling Club



From the Coach's Corner

**By Mike Colleran**

**November 14, 2008**

## **Trojan Youth Wrestling Beginners Clinic**

Fifty-three (53) beginner wrestlers participated in this year's two week Trojan Youth Club Beginners Clinic. . Our goal remains the same; create a safe environment for young athletes to learn the fundamentals of wrestling.

The two weeks were a success thanks in part to the assistance of several volunteers from the Trojan Wrestling Family including current high school team members **Jack Hathaway, Gradey Gambrall, Justin Koethe, DeVonnie Moses, Adam Millers, John Skarda,** and **Garrett Hathaway.**

## **Trojan War Hammers Competitive Club**

Forty-Four (44) wrestlers attended the first Trojan War Hammer Competitive Club practice this past Monday. Practice was run by former Hawkeye **Luke Eustice**, a former NCAA finalist. Luke will be a club clinician throughout the season. Expectations are high and the commitment shown by last season's core group of competitors looks strong. The Trojan War Hammer Competitive Club will continue its training up to USA Schoolboy Folkstyle Nationals in April, 2009.