



Iowa City West Trojan Wrestling News



From the Coach's Corner

By Mark Reiland

December 11, 2008

MVC Dual Meet - Waterloo West

Varsity

The Trojan Varsity Wrestling team traveled to Waterloo West for the 2nd Mississippi Valley Conference (MVC) meet and came away with a 48-17 victory. Trojan wrestlers improved to 2-0 in the MVC and 6-0 overall.

- **103 – Jack Hathaway:** 1-0 with a Fall and 6-0 for the season.
- **112 – John Skarda:** 1-0 with a Decision and 5-1 for the season.
- **119 – Hunter St. John:** 0-1 and 5-1 for the season.
- **125 – Gradey Gambrall:** 1-0 with a Fall and 1-0 for the season.
- **130 – Garrett Hathaway:** 1-0 with a Fall and 5-1 for the season.
- **135 – Tracy Bowers:** 0-1 and 3-3 for the season.
- **140 – Justin Koethe:** 1-0 with a Major Decision and 5-1 for the season.
- **145 – AJ Bailey:** 0-1 and 3-3 for the season.
- **152 – Nick Moore:** 1-0 with a Technical Fall and 6-0 for the season.
- **160 – Derek St. John:** 1-0 with a Fall and 6-0 for the season.
- **171 – David Solis:** 1-0 with a Technical Fall and 5-1 for the season.
- **189 – Dexter Curry:** 1-0 with a Major Decision and 4-2 for the season.
- **215 – Matt Behnami:** 1-0 with a Fall and 5-1 for the season.
- **285 – Brandon Kuehl:** 0-1 and 3-3 for the season.

The Trojan Varsity Wrestling team will travel to Cedar Rapids Kennedy on Saturday, December 13, 2008 for the Cedar Rapids Duals Tournament. This sixteen team tournament features six teams ranked in the top ten in their class, including:

- #1-3A-IA: Waverly Shell Rock.
- **#2-3A-IA: Iowa City West.**
- #7-3A-IA: Bettendorf.
- #9-3A-IA: Waterloo East.
- #6-2A-IA: West Delaware.
- #8-2A-IA: Charles City.

Check out the new West High Wrestling Home page at www.icwestwrestling.com.



Iowa City West Trojan Wrestling News



From the Coach's Corner

By Mark Reiland

December 11, 2008

Waterloo West Dual Meet

Junior Varsity

The Trojan Wrestling Junior Varsity team traveled to Waterloo West, dropping a close dual to the Wahawks 33-28.

- **103 – Griffin Weihe:** 1-0 with a Fall and 5-0 for the season.
- **119 – Colin Lord:** 1-0 with a Decision and 3-1 for the season.
- **125 – Ben Goerdt:** 1-0 with a Decision and 1-2 for the season.
- **130 – Andrew Topping:** 1-0 with a Fall and 4-1 for the season.
- **135 – Sam Chalkley:** 0-1 and 2-3 for the season.
- **x135 – Ike Layman:** 1-0 (Exhibition) with a Fall and 2-1 for the season.
- **140 – Adam Millers:** 0-1 and 2-3 for the season.
- **145 – Chris Narvaez:** 0-2 (1-Exhibition) and 3-3 for the season.
- **152 – Jon Stegall:** 0-1 and 3-2 for the season.
- **160 – Mike Watkins:** 2-0 with a Fall and Major Decision. Mike is 2-1 for the season.
- **x160 – Ivan Zoluaga:** 1-0 with a Fall and 2-2 for the season.
- **171 – Cole Anderson:** 0-2 (1-Exhibition) and 4-2 for the season.
- **x171 – Michael Skallerud:** 0-1 and 0-4 for the season.
- **189 – Sean Beasley:** 0-1 and 0-5 for the season.
- **285 – Alejandro Garcia-Lair:** 1-0 with a Forfeit and 2-2 for the season.

The Trojan Junior Varsity Wrestling team will travel to the Tri-County Invitational on Saturday, December 13, 2008 in Thornburg, Iowa.

Check out the new West High Wrestling Home page at www.icwestwrestling.com.