



Iowa City West Trojan Wrestling News



From the Coach's Corner

By **Mark Reiland**

December 13, 2008

Cedar Rapids Duals Tournament

Varsity

The Trojan Wrestling Varsity team competed in the Cedar Rapids Duals Tournament in Saturday, December 13, 2008, finishing 2nd with a 3-1 record.

- **Round 1: #2-3A-IA Iowa City West 53** – #8-2A-IA Charles City 16.
- **Round 2: #2-3A-IA Iowa City West 55** – #9-3A-IA Waterloo East 15.
- **Round 3: #2-3A-IA Iowa City West 47** – #7-3A-IA Bettendorf 18.
- **Championship: #2-3A-IA Iowa City West 33** – #1-3A-IA Waverly Shell Rock 37.

Leading the way for the Trojans were **Justin Koethe**, **Nick Moore**, and **Derek St John** with 4-0 records. Justin had 2 falls in his 4 wins. Nick had 2 falls and a major decision, while Derek had a fall, a technical fall, and a major decision. **Jack Hathaway**, **Jon Skarda**, **Gradey Gambrell**, **Garrett Hathaway**, **Tracy Bowers**, **AJ Bailey**, and **Matt Behnami** were 3-1 on the day. **David Solis** and **Dexter Curry** finished 2-2 on the day while **Brandon Kuehl** was 1-3.

- **103 – Jack Hathaway:** Finished 3-1 with a Major Decision, a Decision and a Forfeit.
- **112 – John Skarda:** Finished 3-1 with a Fall, a Decision and a Forfeit.
- **119 – Hunter St. John:** Finished 0-2.
- **119 – Colin Lord:** Finished 0-2.
- **125 – Gradey Gambrell:** Finished 3-1 with a Fall, a Decision and a Forfeit.
- **130 – Garrett Hathaway:** Finished 3-1 with two Decisions and a Forfeit.
- **135 – Tracy Bowers:** Finished 3-1 with a Fall, a Decision and a Forfeit.
- **140 – Justin Koethe:** Finished 4-0 with two Falls, a Decision and a Forfeit.
- **145 – AJ Bailey:** Finished 3-1 with a Fall and two Forfeits.
- **152 – Nick Moore:** Finished 4-0 with Fall, Technical Fall, Major Decision and Decision.
- **160 – Derek St. John:** Finished 4-0 with Fall, Technical Fall, Major Decision and Forfeit.
- **171 – David Solis:** Finished 2-2 with a Decision and a Forfeit.
- **189 – Dexter Curry:** Finished 2-2 with two Falls.
- **215 – Matt Behnami:** Finished 3-1 with a Fall, and two Decisions.
- **285 – Brandon Kuehl:** Finished 1-3 with a Fall.

The Trojans stand 9-1 on the young season.

Check out the new West High Wrestling Home page at www.icwestwrestling.com.



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Tri-County Invitational Tournament

Junior Varsity

The Trojan Wrestling Junior Varsity team traveled to Thornburg, Iowa to compete in the Tri-County Invitational Tournament in Saturday, December 13, 2008. With only nine wrestlers competing in this varsity tournament, the squad was short-handed. The Trojans finished with 94.5 points, capturing 6th Place in the 11 team tournament. Results are as follows:

- **103 – Griffin Weihe:** Finished as Champion with a 2-0 record.
- **125 – Ben Goerd:** Finished in 4th Place with a 2-2 record.
- **135 – Sam Chalkley:** Finished in 5th Place with a 2-2 record.
- **140 – Adam Millers:** Finished in 4th Place with a 2-2 record.
- **145 – Chris Narvaez:** Finished in 5th Place with a 2-2 record.
- **152 – Jon Stegall:** Finished in 3rd Place with a 3-1 record.
- **160 – Mike Watkins:** Finished with a 0-2 record and did not place.
- **171 – Sean Beasley:** Finished with a 1-1 record and did not place.
- **285 – Gabe Garcia-Lair:** Finished in 5th Place with a 2-2 record.