



# Iowa City West Trojan Wrestling News



From the Coach's Corner

**By Mark Reiland**

**January 10, 2009**

## Lepic Duals Tournament

The Trojan Wrestling Varsity team Hosted the Lepic Duals Tournament on Saturday, January 10, 2009, finishing 1<sup>st</sup> with a 5-0 record. West defeated three other class 3A teams ranked in the top ten by the Iowa Wrestling Coaches and Officials Association.

Weather prevented the anticipated #1-2A-IA Ballard (Huxley) verses #2-3A-IA Iowa City West dual. However, #10-3A-IA Fort Dodge, who had traveled to Cedar Rapids on Friday night, replaced Ballard when the Benton Community tournament was cancelled.

- **Round 1:**
  - Pool A – Davenport West 45 – #2-C3-MO Oak Park, Missouri 30.
  - Pool A – #17-3A-IL Marian Catholic, Illinois 50 – #10-3A-IA Fort Dodge 27.
  - **Pool B – #2-3A-IA Iowa City West 55** – Keokuk 15.
  - Pool B – #9-3A-IA Lewis Central 33 – #4-3A-IA Southeast Polk 26.
- **Round 2:**
  - Pool A – #10-3A-IA Fort Dodge 43 – Davenport West 36.
  - Pool A – #17-3A-IL Marian Catholic, Illinois 48 – #2-C3-MO Oak Park, Missouri 27.
  - **Pool B – #2-3A-IA Iowa City West 37** – #4-3A-IA Southeast Polk 28.
  - Pool B #9-3A-IA Lewis Central 43 – Keokuk 33.
- **Round 3:**
  - Pool A – #10-3A-IA Fort Dodge 30 – #2-C3-MO Oak Park, Missouri 51.
  - Pool A – #17-3A-IL Marian Catholic, Illinois 49 – Davenport West 24.
  - **Pool B – #2-3A-IA Iowa City West 44** – #9-3A-IA Lewis Central 20.
  - Pool B – #4-3A-IA Southeast Polk 54 – Keokuk 23.
- **Round 4:**
  - **#2-3A-IA Iowa City West 58** – #10-3A-IA Fort Dodge 12.
  - #9-3A-IA Lewis Central 39 – #17-3A-IL Marian Catholic, Illinois 27.
  - #4-3A-IA Southeast Polk 48 – #2-C3-MO Oak Park, Missouri 23.
  - Keokuk 53 – Davenport West 30.
- **Round 5:**
  - **#2-3A-IA Iowa City West 45** – #17-3A-IL Marian Catholic, Illinois 26.
  - #10-3A-IA Fort Dodge 39 – #9-3A-IA Lewis Central 33.
  - #4-3A-IA Southeast Polk 70 – Davenport West 6.
  - Keokuk 46 – #2-C3-MO Oak Park, Missouri 33.

Check out the new West High Wrestling Home page at [www.icwestwrestling.com](http://www.icwestwrestling.com).



# Iowa City West Trojan Wrestling News



From the Coach's Corner

By **Mark Reiland**

January 10, 2009

The entire Trojan team battled hard throughout the day. Leading the way for the Trojans were **Justin Koethe**, **Nick Moore**, and **Derek St John** with 5-0 records. Justin, ranked 7<sup>th</sup> in Class 3A, recorded a decision over Julian Feikert of Keokuk who is current 1<sup>st</sup> ranked in Class 3A and is a returning state runner-up. Nick, ranked 1<sup>st</sup> in Class 3A, had falls over the 8<sup>th</sup> ranked wrestlers at 145 and 152. Derek had 5 falls in 7 minutes and 13 seconds including 8<sup>th</sup> ranked Trevor Clark of Fort Dodge.

**Jack Hathaway**, **Gradey Gambrall**, **Dylan Carew**, and **David Solis** were all 4-1 on the day. Jack, ranked 8<sup>th</sup> in Class 3A, dropped a close decision to 4<sup>th</sup> ranked Corey Clark of Southeast Polk when he was reversed and rode out late in the third period. Gradey began the day by defeating 10<sup>th</sup> ranked Chris Hoskins of Keokuk. Dylan was upset in his final match of the day by 2<sup>nd</sup> ranked (Class AAA) Elias Larsen of Marian Catholic, Illinois. Nearly perfect on the day, David lost a close decision to Taylor Bowie of Southeast Polk.

**Hunter St. John** was 3-1 while **John Skarda**, **Berkley Strand**, and **Matt Behnami** were all 3-2.

- **103 – Jack Hathaway:** Finished 4-1 with two Falls, a Major Decision and a Forfeit.
- **112 – John Skarda:** Finished 3-2 with a Fall, a Major Decision, and Decision.
- **119 – Hunter St. John:** Finished 3-1 with a Major Decision, a Decision, and a Forfeit.
- **119 – Colin Lord:** Finished 0-2.
- **125 – Gradey Gambrall:** Finished 4-1 with four Decisions.
- **130 – Garrett Hathaway:** Finished 2-3 with a Fall and a Decision.
- **135 – Tracy Bowers:** Finished 1-2 with a Forfeit.
- **135 & 140 – Justin Koethe:** Finished 5-0 with three Falls and two decisions.
- **140 – Adam Miller:** Finished 0-2.
- **145 – Dylan Carew:** Finished 4-1 with three Falls and a Major Decision.
- **152 – Nick Moore:** Finished 5-0 with four Falls and a Technical Fall.
- **160 – Derek St. John:** Finished 5-0 with five Falls.
- **171 – David Solis:** Finished 4-1 with two Falls, a Major Decision and a Forfeit.
- **189 – Berkley Strand:** Finished 3-2 with three Falls.
- **215 – Matt Behnami:** Finished 3-2 with a Fall, Major Decision, and Forfeit.
- **285 – Dan Downing:** Finished 1-2 with a Decision.
- **285 – Brandon Kuehl:** Finished 0-2.

The Trojans are 20-2 Overall and 3-0 in the MVC and will travel to Cedar Rapids Kennedy on Thursday, January 15, 2009 for a MVC Dual Meet.

Check out the new West High Wrestling Home page at [www.icwestwrestling.com](http://www.icwestwrestling.com).