



# Iowa City West Trojan Wrestling News



From the Coach's Corner

**By Mark Reiland**

**December 3, 2009**

## **MVC Dual Meet – Cedar Rapids Jefferson**

### **Varsity**

The Trojan Varsity Wrestling team hosted the Cedar Rapids Jefferson for the 1st Mississippi Valley Conference (MVC) meet and came away with a resounding 66-3 victory. Trojan wrestlers are 1-0 in the MVC and 1-0 overall.

- **103 – #3-103-3A Kegan Wakefield:** 1-0 with a Fall.
- **112 – #2-112-3A Jack Hathaway:** 1-0 with a Fall.
- **119 – #8-119-3A Jon Skarda:** 1-0 with a Fall.
- **125 – Sam Chalkley:** 0-1 with a one point lost to #10-125-3A Blake Carson.
- **130 – Colin Lord:** 1-0 with a Decision.
- **135 – #6-135-3A Garret Hathaway:** 1-0 with a Fall.
- **140 – Tracy Bowers:** 1-0 with a Decision.
- **145 – #9-140-3A Gradey Gambrell:** 1-0 with a Fall.
- **152 – Jon Stegall:** 1-0 with a Fall.
- **160 – #1-160-3A Nick Moore:** 1-0 with a Fall.
- **171 – Mike Watkins:** 1-0 with a Fall.
- **189 – #10-189-3A Jamal Thmopson:** 1-0 with a Decision.
- **215 – #8-215-3A Mickey Pelfrey:** 1-0 with a Fall.
- **285 – #9-285-3A Max Pelfrey:** 1-0 with a Decision.

The Trojan Varsity Wrestling team will travel to Newton on Saturday, December 5, 2009 for the Newton Duals Tournament. This five team tournament features two teams ranked in the top ten in the 3A class, including:

- **#3-3A-IA: Iowa City West.**
- **#6-3A-IA: Indianola.**

*Check out the West High Wrestling Home page at [www.icwestwrestling.com](http://www.icwestwrestling.com).*

*Follow the Trojans on Facebook at [Iowa City West Wrestling](#) & [Iowa City West Trojan War Hammers](#).*



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**December 3, 2009**

## **MVC Dual Meet – Cedar Rapids Jefferson**

### **Junior Varsity**

The Trojan Wrestling Junior Varsity team off the 2009-2010 season with a conference dual meet victory at Cedar Rapids Jefferson, defeating the Jayhawks 60-21. Trojan wrestlers are 1-0 in the MVC and 1-0 overall.

- **103 – Jackson Fowler:** 1-0 with a Fall.
- **112 – Daniel Lin:** 0-1.
- **119 – Jake Gorvin:** 1-0 with a Fall.
- **125 – Griffin Weihe:** 1-0 with a Forfeit.
- **130 – Ezra Reiners:** 1-0 with a Forfeit.
- **135 – Ben Goerd:** 1-0 with a Fall.
- **140 – Emin Dizdar:** 0-1.
- **145 – Chris Narvaez:** 1-0 with a Fall.
- **152 – Jessie Peterson:** 1-0 with a Fall.
- **160 – Sam McLeran:** 0-1.
- **171 – Ivan Zoluaga:** 1-0 with a Fall.
- **189 – Sean Beasley:** 1-0 with a Fall.
- **215 – Grant Spading:** 0-1.
- **285 – Gabe Garcia-Lair:** 1-0 with a Forfeit.
  
- **x145 – Kyle Johannsenn:** 0-1.
- **x152 – Sean Dempsey:** 1-0 with a Fall.
- **x152 – Blake Bohner:** 1-0 with a Fall.

The Trojan Junior Varsity Wrestling team will travel to the Cedar Rapids Kennedy Junior Varsity on Saturday, December 5, 2009.

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Date: December 3, 2009

Iowa City West High School Wrestling Result Summary  
MVC Dual Meet: Cedar Rapids Jefferson at Iowa City West



Weight Class	Wrestler	Event	Event		Year-to-Date		Date	Season Results		
			Win	Loss	Win	Loss		Opponent	ICW Score	Opp. Score
103	#3-103-3A Kegan Wakefield	Fall	1	0	1	0				
112	#2-112-3A Jack Hathaway	Fall	1	0	1	0	12/3	Cedar Rapids Jefferson	66	3
119	#8-119-3A Jon Skarda	Fall	1	0	1	0	12/5	@ Newton Dual Tournament		
125	Sam Chalkley		0	1	0	1		Newton		
130	Colin Lord	Decision	1	0	1	0		Council Bluffs Thomas Jefferson		
135	#6-135-3A Garrett Hathaway	Fall	1	0	1	0		Johnston		
140	Tracy Bowers	Decision	1	0	1	0		#6-3A Indianola		
145	#9-140-3A Gradey Gambrall	Fall	1	0	1	0	12/12	@ Cedar Rapids Dual Tournament		
152	Jon Stegall	Fall	1	0	1	0		Marshalltown		
160	#1-160-3A Nick Moore	Fall	1	0	1	0		Mason City		
171	Mike Watkins	Fall	1	0	1	0		#2-3A Bettendorf		
189	#10-189-3A Jamal Thompson	Decision	1	0	1	0		#1-3A Waverly Shell Rock		
215	#8-215-3A Mickey Pelfrey	Fall	1	0	1	0	12/17	@ Linn-Mar		
285	#9-285-3A Max Pelfrey	Decision	1	0	1	0	12/19	Waukee Duals		
								Round 1		
								Round 2		
								Round 3		
								Round 4		
								Round 5		

**VARSIITY**

**STARTING WEIGHT AND WINNERS ARE BOLDED**

Teams Weight	Iowa City West Trojans	Cedar Rapids Jefferson J-Hawks	Match Results		Team Points		Date	Event
			Score	Time	Trojans	J-Hawks		
103	#3-103-3A Kegan Wakefield	Cody Hansel	Fall	:51	6		1/7	@ Iowa City High
112	#2-112-3A Jack Hathaway	Brice Lukasko	Fall	3:15	6		1/9	Iowa City West Lepic Duals
119	#8-119-3A Jon Skarda	Spencer Brosseau	Fall	3:22	6			Round 1
125	Sam Chalkley	<b>#10-125-3A Blake Carson</b>	4-5			3		Round 2
130	Colin Lord	Zac Builta	11-5		3			Round 3
135	#6-135-3A Garrett Hathaway	Michael Smith	Fall	1:05	6		1/14	Cedar Rapids Kennedy
140	Tracy Bowers	Dylan Moenck	3-0		3		1/16	Osage Tournament
145	#9-140-3A Gradey Gambrall	Stephan Settlage	Fall	3:22	6		1/21	@ Cedar Rapids Xavier
152	Jon Stegall	Vince Mulnix	Fall	4:31	6		1/23	@ Ed Winger Classic Tournament
160	#1-160-3A Nick Moore	Kyle Bosenburg	Fall	:45	6		1/28	Dubuque Walhert
171	Mike Watkins	Nathan Marling	Fall	3:00	6			Keokuk
189	#10-189-3A Jamal Thompson	Riley Welsh	8-6		3		1/30	@ MVC Tournament
215	#8-215-3A Mickey Pelfrey	Brandan Leary	Fall	2:37	6		2/4	@ Dubuque Hempstead
285	#9-285-3A Max Pelfrey	Nic Vesey	3-0		3			@ Waterloo West

**VARSIITY FINAL SCORE**

**66 3**

2/13	@ Iowa District Tournament
2/17	@ Iowa State Individual Tournament
2/23	Iowa State Regional Dual Meet
2/27	@ Iowa State Dual Tournmant
	Quarterfinals
	Semi-Finals
	Finals

**Iowa City West "Trojans"**

Varsity Season Record	Won	Lost
Overall Record	1	0
MVC Conference	1	0
MVC Divisional *	0	0

**Iowa City West "Trojans"**

Junior Varsity Season Record	Won	Lost
Overall Record	1	0
MVC Conference	1	0
MVC Divisional *	0	0

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